

SAMPLE LUNCH MENU

	Week 1	Week 2	Week 3
Monday	Mild curry, rice and naan bread	Cottage pie and vegetables	Pizza, wedges and sweetcorn
	Apple crumble and custard	Jam roly poly and custard	Greek yoghurt and honey
Tuesday	Sausage, mashed potatoes, vegetables and gravy	Fish fingers, chips and peas	Pasta Bolognese and garlic bread with cheese
	Jam tart	Yoghurt	Jelly and ice cream
Wednesday	Chicken goujons, chips and peas	Roast chicken, roast potatoes, Yorkshire pudding, vegetables and gravy	Chicken in BBQ sauce, rice, peas and sweetcorn.
	Brownie and raisins	Bananas and custard	Jam Tart
Thursday	Pasta Bolognese and garlic bread with cheese	Pizza, wedges and sweetcorn	Chicken goujons, chips and peas
	Jelly and ice cream	Greek yoghurt and honey	Peaches and ice cream
Friday	Roast chicken, roast potatoes, Yorkshire pudding, vegetables and gravy	All day breakfast - scrambled egg, beans, hash brown, sausage and toast.	Sausage, mashed potatoes, vegetables and gravy
	Yoghurt and dry fruit	Flapjack and raisins	Cherry Bakewell